



Year 6 Moving into the Teen Years

Permission Flyer

To Parents / Guardians,

Interrelate, in conjunction with your school, is offering a course for students in Year 6 to prepare them for High School. 'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

Please complete the form below and return it to your school with the enrolment fee, prior to the commencement date.

The Program

Three 90-minute sessions conducted during school hours

- A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities.
- At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience.

Session 1: Understanding My Body

Session 2: Respectful Relationships

Session 3: Taking Charge

Program Focus

- Revisit development at puberty
- Outline the process of human reproduction, including conception, foetal development and birth
- Explore respectful relationships with self, friends and family
- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others
- Assist students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cybersafety
- Discuss expectations in high school

Please note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

Student cost: \$40.00 per student. Parent Online Payment is the school's preferred method of payment.

At: Jasper Road Public School **On:** 02-Sep-2019, 09-Sep-2019, 16-Sep-2019

Please complete and return to your school with payment by Thursday 29 August 2019.

I give permission for my child _____ of class _____ to participate in Interrelate's 'Year 6 Moving into the Teen Years' program.

___ I have made an online payment. My receipt number is : _____ Date Paid : / /

___ I have enclosed \$40.00 in an envelope attached to this note. If this is the case please write your child's name and class on the front of the envelope.

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Name and Signature of Parent/Carer