

Jasper Road Baulkham Hills NSW 2153

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5 July 2019

# Principal's Address

It has been a busy Term 2 at Jasper Rd and the holidays are almost upon us. I would like to personally thank all parents for their support throughout the term. It is lovely working with such dedicated staff and supportive, proactive parents. It is the students, staff and community that make Jasper Rd a fantastic school. I wish everyone a warm and safe holiday break and we look forward to returning next term on Tuesday 23 July.

## **Phonics Parent Workshop**

Thank you to the parents that attended the Phonics Parent Workshop last week with our external consultant Mr. Justin Caban. The workshop was well attended with parents completing a typical Year 1 lesson before hearing about schwa and the impact it plays in the English language. I encourage all parents to ask their children about what they are learning every day in their room and the current phoneme (sound) they are being taught. Every morning, every class across the school completes best practice, explicit phonics lessons with results already being highlighted across the region.



#### **Makers Empire**

This semester Stage 3 have been working with Mr Cairns and Miss O'Connell on a Makers Empire 3D Printing project. Last

week, 6 students from both mainstream and our support unit were selected to present their projects to 14 other local schools at a showcase event. Our students displayed outstanding presentation skills and were able to discuss the process they completed to solve a Living World problem. Congratulations not only to the students that attended but also all students that participated in the project throughout the term.





### Lions Club & Jayme Richardson

Last week I had the pleasure of accepting a donation from Riverstone Lions Club in the form of a signed Australian cycling jersey by Jayme Richardson. Jayme was a previous student at Jasper Rd and after completing her studies went on to win multiple medals at two Paralympics in cycling. At the 3-6 Assembly, Jayme spoke about the opportunities that Jasper Rd offered during her time at the school and the importance of taking hold of every chance you get. She is an inspiration to all Jasper Rd students and her jersey will now hang proudly in the hall for future generations. I thank the Lions Club for their donation.





#### **Banking**

Each Monday, students are provided the opportunity to complete school banking. The school banking programs provides a platform for families to teach students about savings and the importance of money. It is only through the wonderful support of parents that this program can run. We are currently in need of a parent volunteer for school banking as one of our wonderful parent coordinators will be moving on to a new chapter. If you are interested in helping then please let the front office know. If you love routine and happen to have 2 hours free every Monday morning (9:00-11:00) then your support would be greatly appreciated by our students. We also invite you to come and have a look on a Monday morning during the school term to see what it involves before committing.

#### Education Week - Save the Date

Education Week takes place annually in Term 3 to celebrate Public Education. Each year we like to celebrate our students through the work they complete daily and their contributions and commitments outside the classroom. Open Day this year will take place on Tuesday 6 August.



# Mr Craig Warner Principal

# From the Deputy Principals

#### Happy holidays

We have reached the end of another busy and productive school term. As always, we have had a jam-packed term of learning, extra-curricular activities, school events and excursions. Through all this, our focus on the wellbeing of every child remains our priority. Our teachers continue to strive for excellence in all aspects of learning, teaching and leading in order to provide our students with the best possible learning opportunities. We also continue to enjoy the strong support and active participation of our parent community and P&C. This partnership across our school community is evident each day.

The school holidays is an excellent opportunity for children and families to relax, enjoy quality time with family and friends and refresh the body and mind for the upcoming school term. We would like to wish all children and their families an enjoyable, relaxing and safe holiday.

Last chance to check **LOST PROPERTY** before the end of term. All items with no name will be donated to the second hand uniform shop.

#### **TERM DATES 2019**

Term 3 Tuesday 23 July – Friday 27 September Term 4 Monday 14 October – Friday 18 December

#### **Health Information**

We are aware of a number of reported incidences of influenza within the school and that influenza is in the wider community.

Influenza: time from exposure to illness: 1 to 3 days. Symptoms: Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches. Do I need to keep my child home? Yes, until they look and feel better (approximately 5 days). How can I prevent spread? Careful hand washing, especially after coughing, sneezing or wiping your nose. Immunisation, is recommended for children with chronic illnesses.

For more information from NSW Health visit the link below:

https://drive.google.com/file/d/1\_icuC1OH8nUa\_4ajxpDlu54CQhyYEnQg/view

### **Celebrating Outstanding Students**

Congratulations to our outstanding students who received their Super Star certificates at the assembly on Thursday. You and your parents should be very proud of this achievement and for your commitment to the school values: STAR; Safe, Team player, Achieving and Respectful. To recognise the significance of achieving the highest Jasper Road Public School acknowledgement, a Super Star certificate and Star badge, students receiving these recognition for behaviours that support amazing learning for Semester 1 their parents and/or carers were invited to a morning tea. Congratulations to all badge recipients.

### Holiday fun



MEASUREMENT AND GEOMETRY: VOLUME AND CAPACITY

EARLY STAGE 1	STAGE 1	STAGE 2	STAGE 3
describes and compares the capacities of containers and the volumes of	measures, records, compares and estimates	measures, records, compares and estimates volumes and	measures, records, compares and estimates areas using

EARLY STAGE 1	STAGE 1	STAGE 2	STAGE 3
objects or	volumes and	capacities using	square
substances	capacities	litres, millilitres	centimetres
using everyday	using uniform	and cubic	and square
language	informal units	centimetres	metres

Ideas for families at home:

- Play using household objects, such as a measuring cup and containers of different sizes and shapes. For example, pour glasses of water from the jug and discuss terms such as enough, full, empty, half or part full, more, less. Pour from one container into another of a different shape to compare which holds more and which holds less. It is lots of fun doing this at bath time.
- Cook together; reading recipes; planning menus and using measuring containers
- Watch this fun video about capacity:

#### http://education.abc.net.au/home

- Ask your child to make a litre measure by pouring 1L of water from a 500mL or 1L jug, into an empty, plastic soft drink bottle. Mark the water level on the bottle with a waterproof marker. Note: if different bottles are used, your child could compare the heights and shapes of their litre measures and discuss the results.
- In your kitchen, ask your child to find containers which have a labelled capacity of less than 1L, eg, 500mL, 250mL. They would then calculate how many times each container will have to be filled to make 1L.
- Ask your child to mark 100mL gradations on an empty plastic container, using water poured from a measuring jug. They use their calibrated container to identify single or multiple objects which displace 100mL (marbles, golf balls, bolts, scissors or rocks)
- Calculate how much water they use in one day. A suggested procedure is to commence by listing activities that require water, then estimate what the total may be. Confirm as many measurements as practical, before calculating the total volume of water in litres. Some useful information: new toilet cisterns have a 3L half-flush and 6L full-flush; older style toilet cisterns have a 15L flush; each minute under a normal shower can use 23L of water.
- Design and make rectangular prisms by folding, cutting and taping the nets of prisms drawn on 1cm grid paper. Students find the volume of the prism in cubic centimetres, and record how the volume was calculated or counted. Variation: students make a prism with a volume of 120cm³, from 1cm grid paper.
- Calculate the cost of laying mulch on the garden bed, to a depth of 10cm. The cost of mulch per cubic metre, plus delivery, can be requested from local garden suppliers.

• Investigate how long it would take to fill a large fish tank, using a hose attached to the tap. The tank has dimensions of 1m x 50cm. The tank is 70cm high.



Teaching children about relationships. A great discussion these holidays.

There is a term "The ties that bind" which has been part of our language for over 200 years and refers to the things that bring people together and give them a common belief or interest. It is a part of the human condition that we are happiest in groups. The term is used most commonly to refer to family bonds that tend to be long lasting, accepting and forgiving. However, unlike a family that is accepting and forgiving, relationships between peers such as friendships can change quickly. In the school context one of the issues, that takes much of the time of teachers and also parents, is the breakdown of friendships among students. This sometimes occurs with students who only have a small circle of friends, so the breakdown for them can take on significant proportions and lead to the child not wanting to come to school as seeing the friends from the broken relationships is too confronting. This issue can be heart rending for any parent/carer who hates to see their child facing rejection, but this is precisely the time when we need to be supportive and emotionally present. This doesn't mean taking your child's side and laying blame at the feet of the other students. Fault in students relationships and friendships is rarely one sided. Usually both or several students have contributed to the breakdown of the friendship.

Attempts by parents/carers or teachers to jump in and "fix" the issue rarely have a long-term effect as solutions imposed on students that do not have their ownership or cooperation are likely to fail. One strategy that has had a good measure of success is when a teacher talks to the whole group that has been affected by friendship breakdown. Parents/carers can do the same when your children have play dates that go 'wrong.' The students are given the responsibility of "getting along" with each other and are encouraged to share ideas about how this can be done. They then are given the task of going away and making it work but they are also required to report back as a group on the progress they are making. This has the effect of making each member of the group accountable for their behaviour in the time between, as they know that other members of the group will be reporting on their behaviour as well. It's not a perfect solution but it makes students realise that there is always a bit of give and take on either side. They get to hear about the effect their behaviour has on others as well as being given the opportunity to say how what others do, affects

One reality children, parents/carers and teachers need to face is the changing nature of friendship. Certainly the friends we have as teenagers and adults are rarely the same friends that we had in kindergarten. A friendship where a child is dominated and bullied by another child is a friendship that isn't worth preserving. Sometimes students will be drawn to those "cool kids" because they aspire to be in that circle and be accepted

by them. These can be difficult but valuable lessons to learn for children. The friend who is not cool but is a good and loyal friend is gold. Sometimes children need some assistance along the way in recognising qualities in others and themselves that may be more or less positive in terms of forming and keeping friendships. We frequently say, at school that "to have friends' means being a friend." To make their school time more positive, a shy or timid child may need a parent to help them develop some assertiveness. You can give your child opportunities to practice at home practising to disagree with you. Once they develop some skills in this area they can transfer this to their relationships at school. Of course there are some children that have no problem in being assertive and will happily argue with you at home. These children need other skills of negotiation to realise that there are other people who have different perspectives to theirs and that to maintain relationships they may have to sometimes allow for other points of view other than their own. We are all on our own learning journey but being happy and independent is the role we aspire for our children. In a way we are all trying to "do ourselves out of a job!"

Our friendship seats are a lovely way to teach students how to look after each other. The aim of the seats is to clearly indicate that the student sitting is feeling lonely and other students who are around invite them to play with them. This helps to be inclusive but it also means that students are building resilience and empathy for others which are all strategies to lessen the chance of bullying. Younger students feel safer and older students feel valued and have a heightened sense of responsibility. Excitingly our SRC will have some amazing news early next term and we can not wait to hear!!!



#### **Fundamental Movement Skills:**

### Sprint run







#### Skill components

- 1. Lands on ball of the foot.
- 2. Non-support knee bends at least 90 degrees during recovery phase.
- 3. High knee lift (thigh almost parallel to the ground).
- 4. Head and trunk stable, eyes focused forward.
- 5. Elbows bent at 90 degrees.
- 6. Arms drive forward and back in opposition to the legs.

## Debby Bezzina and Vanessa Rogers Deputy Principals

# **Sports News**

#### **PSSA Winter Draw**

Term 2 Week 10 - Round 10 - Friday 4 July		
Sport	Opposition	Location
Soccer (Boys/ Girls)	Baulkham Hills North	Ted Horwood Reserve,
AFL	Carlingford West	Kellyville Park
Rugby	Crestwood	Crestwood Reserve
Netball		Kellyville Netball Courts
Newcombe Ball	Baulkham Hills North	Corner of Henry Street

Term 3 Week 1 - Round 11 - Friday 26 July			
Sport	Opposition	Location	
Soccer (Boys/ Girls)	North Rocks	North Rocks Oval	
AFL	Matthew Pearce	Kellyville Park	
Rugby	Baulkham Hills North	Torry Burn Reserve	
Netball		Kellyville Netball Courts	
Newcombe Ball	North Rocks	North Rocks PS	

Term 3 Week 2 - Round 12 - Friday 2 August		
Sport	Opposition	Location
Soccer (Boys/ Girls)	Matthew Pearce	Masonic Oval
AFL	Samuel Gilbert	Kellyville Park
Rugby	Sherwood Ridge	Wrights Road Reserve 2
Netball		Kellyville Netball Courts
Newcombe Ball	Matthew Pearce	Jasper Road PS
	Matthew Pearce	Masonic Oval

#### Castle Hill PSSA

Jasper Road Public School is a member of the Castle Hill Zone PSSA. The Zone has now created a Facebook Page where all updates and information is posted. This includes cancellation of PSSA on Fridays.

Tom Gosper and Olga Parramon PSSA Coordinators

# **NSW PREMIER'S SPORTING CHALLENGE**

Jasper Road Public School students are successfully participating in the Premier's Sporting Challenge that started in week 5 this term. It is a 10 week program that will resume again in Term 3 (weeks 1-5). It encourages students to participate in a broad range of sports and recreational pursuits to develop their understanding of the importance of sport and physical activity.

During the 10 week challenge students record their physical activity each day. Any daily physical activity which is moderate to vigorous in intensity can be accrued.

Award levels for the challenge reflect daily activity time commitment – either as part of class/team or individual student. Activities may include time spent on a broad range of sports during lunchtime, in school sport programs, class time, before and after school and on weekends.

The 60 minutes a day benchmark recommended by the Australian Physical Activity and Sedentary Behaviour Guidelines has been used to determine the challenge award levels of Bronze, Silver, Gold and Diamond.

Bronze 30 minutes of physical activity per student per day Silver 45 minutes of physical activity per student per day Gold 60 minutes of physical activity per student per day Diamond 80 minutes of physical activity per student per day

We hope you and your family get more active and support this initiative. Don't forget to log in your hours and keep moving!

# School Events / Updates

### **Perpetual Trophies**

Time to return Perpetual Trophies!

If your child received a perpetual trophy at any of the 2018 Presentation assemblies, could we please ask that they are returned to the front office before the end of the Term.

# **Canteen News**

The canteen is now trading Monday to Friday for the rest of the Year.

Flexischools is the fast and secure way to order and pay for canteen orders. Flexischools website can be found below

https://flexischools.com.au/

# **All Things P&C**



Just a quick note to say thank you to all our wonderful volunteers who have helped out this term. Whether it be with the disco, Mother's day stall or one of our BBQ's we really appreciate your help. Thank you to all our wonderful staff who have assisted with supervising or organising events, we really value the extra time you invest in our children and school.

Please save the date for our Trivia Night. It's going to be a wonderful night full of fun and laughter. Please start asking your friends and get a table together. We are also looking for donations for raffle and table prizes...so if you or anyone you know can help us out, please contact the P&C.

Wishing you all a wonderful mid-year break.

Stay Safe and see you all next term

# Karen Titterton P&C President

#### Term 2 Save the Dates

Saturday 17 August – Trivia Night

Tuesday 27 & Wednesday 28 August - Father's Day Stall

#### **Entertainment Book Orders:**

The new 2019/2020 Entertainment Books are now available to purchase. Every purchase contributes 20% back to the school for fundraising. Visit the link below to securely order

http://www.entbook.com.au/2151c99

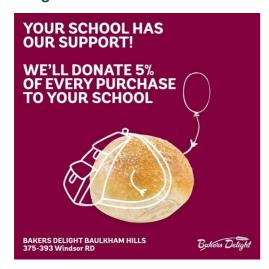
#### **Next P&C Meeting**

Our next meeting is on Monday 29 July at 7.00pm in the Staffroom and we welcome all parents. If you cannot make alternative arrangements for your children, they are welcome.

#### **Next Fundraising Meeting**

Our next Fundraising meeting is on Wednesday 31 July in the Cottage at 9.15am and we welcome all parents. Children are also welcome.

### **Bakers Delight**



### Contact the P&C and Fundraising Committee

pandcatjasperroad@hotmail.com

We advertise upcoming events in the fortnightly newsletter and also on our Facebook Page so please add us if you haven't already!



# **Community Notices**

### Hillsbus network changes

Transport for NSW will soon announce changes to the Hillsbus network for implementation from late July. The changes may impact how students travel, and we encourage students and parents to check Transportnsw.info for details on these changes before school returns.