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19 October 2018

## Principal's Address

Welcome back to Term 4. I hope all families had a relaxing holiday break and had the chance to share some time together.

### Sensory All Abilities Playground

This week, the official opening of our Sensory All Abilities Playground was held. This was a fantastic opportunity to celebrate what is possible when State and Federal governments joint fund a project with the school and P&C. On Monday morning I excitedly went down to the playground to see our first students using the new equipment. There were smiles all around with students playing and using their senses to explore the area. My thanks to the multitude of people that made this project possible.

### Grounds Improvements

As mentioned in previous newsletters, I have been busily working behind the scenes on improvements to school facilities and grounds. One such project was finally brought to fruition during the holidays with the laying of artificial turf behind E Block. The project was due for completion on the last day of the break but unfortunately due to the significant rain that we received this was not possible. I am continuing to work with the contractors to ensure this project is completed as soon as possible.

Over the coming term I am hopeful that a number of other projects will also be completed. Whether these are small changes like the replacement of drain covers or larger projects like the playground and artificial turf installation, the students at Jasper Rd PS deserve facilities that are safe and 'state of the art' and we are definitely heading in the right direction.

### Class Structures

Three years ago the decision was made to move students into stage classes. As the new Principal, I have been evaluating this decision through data on academic and social progress. Before a decision is made for 2019 class structures, I would

like to gather parent opinion. A short survey has been created allowing for parents to voice their opinions on the positive and/or negative effects that have seen in their children. The survey should only take 2 minutes and we will open to the community until 2 November. A decision on 2019 class structures will be communicated to the community in a future newsletter.

<https://forms.office.com/Pages/ResponsePage.aspx?id=muagBYpBwUecJZOHJhv5kQ2HyNWThbtCnXcC12WDJYBUOEdOMk5VRVIMVg3UVk5N0tMWkNJVKZERi4u>

### Stage 2 STEM

Yesterday we had 12 students from Stage 2 attend the first Hills Hub STEM Extension Day. These students were identified through activities in class and represented the school magnificently. Throughout the day they completed a number of word and number challenges before working with students from other schools and high school mentors on STEM activities. This is just one way that we are providing extension opportunities for our students at Jasper Rd. We look forward to continuing this program in 2019.

**Craig Warner**  
**Principal**

## From the Deputy Principals

Welcome back to the start of Term 4. After every holiday, we come back to see a playground full of smiles and happy students. It's a great start for the term and a wonderful learning environment. It makes teaching a very rewarding pastime.

### K-2 Assembly

There will not be a K-2 Assembly on Tuesday 30/10/18 as the whole school will be involved with "Market Day."

Tuesday Assemblies for Term 4 2018

- Week 2 KW AND KB will jointly present assembly
- Week 3 NO assembly due to Market Day
- Week 4 KD will present assembly
- Week 5 KY AND KN will jointly present assembly

- Week 6 KV will present assembly
- Week 7 KA will present assembly

No further K-2 assemblies will be held after Week 7 until K-2 Presentation Assembly on Monday 10/12/2018 held at Model Farms High School auditorium from 9:30 am 11am. This will be the final 2018 assembly. All students will attend this very important celebration of learning. Parents/carers are invited to join us there.

## Tell Them From Me

Our school participates in the “Tell Them From Me” surveys every year. We are once again inviting all parents to complete the survey. Individual responses from parents are anonymous. We invite you to take part in this survey by using the link below. If you haven’t already completed the survey it should take you no more than 15 minutes. The surveys focus on wellbeing, engagement and effective teaching practice and are valuable tools to improve student outcomes. In houses with multiple children, we recommend that parents/carers complete the survey with only one child in mind. However, if you feel the school experiences of your children differ you are welcome to complete one survey for each child. We encourage you to complete the “Tell Them From Me” survey.

<https://nsw.tellthemfromme.com/jasperroad>

## Selective High Schools Applications for Entry to Year 7 in 2020

Applications will open for placement in Year 7 in 2020 from 9 October 2018 to 12 November 2018. Parents with students in Year 5 will receive a note to indicate their intention to apply. All applications need to be made online.

The application dates for Year 7 entry to Selective High Schools in 2020 are:

**Tuesday 9 October 2018:** Application website opens.

**Monday 12 November 2018:** Application website closes. You must apply by the due date.

**Thursday 14 March 2019:** Selective High School Placement Test.

<https://schoolsequella.det.nsw.edu.au/file/eafa8804-3a28-4730-9fc0-0ee49dd90f83/1/SHS-application-information.pdf>

## Getting safely to school

Please see this article regarding changes to legislation about children and bikes.

<https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-across-the-curriculum/road-safety-education/new-s/announcements/children-under-16-can-now-ride-on-the-footpath>

## Some helpful ideas to support your child's learning

*From Making it a Success with Sue Larkey - Term 3 2018 -*

<http://www.suelarkey.com.au>

*Strategies for home and school for all children but especially for those on the AS*

Sue says “Executive functioning refers to the part of your brain that organises, prioritises and regulates emotions. However, I prefer to refer to it as the ‘Air Traffic Control.’ It’s just like air traffic control has to manage thousands of planes on countless runways with perfect timing, students have to manage information and distractions.

Impaired Executive Function can impact significantly on children with autism spectrum disorder’s ability to learn and engage in busy learning environments.

Students may not struggle with all areas of Executive Functioning to the same degree. It is important to identify which areas the child needs supports, and put in place strategies to support and develop this skill. I find that if the child has had an assessment by a psychologist it is worth checking which areas were identified as impaired and then using these results to help guide the strategies used to improve their executive functioning.

I find that strategies to address Executive Functioning are often helpful for ALL students but are particularly VITAL for students with ASD/AHD in making a difference to their learning, behaviour and social skills.

Fortunately, we can improve executive functioning skills through a range of strategies, below are some examples.

1. **Emotional Control** This is where they have difficulty with behaviour and emotional control. This can look like difficulty waiting for a turn, getting frustrated easily, off task behaviours, overreaction to the smallest things (e.g. not being first), becoming overwhelmed or meltdowns.

### How to Improve Emotional Control

- Sensory tools, break cards, take a break tables,
- Emotion Cards that communicate how they are feeling and what to do to repair emotions.
- Resources like ‘The Kids Guide to Being Awesome and in Control’ are full of great strategies for teaching emotional regulation see Available at [www.suelarkey.com.au](http://www.suelarkey.com.au)
- Social Scripts that help students with turn taking, waiting, putting hand up to wait for a turn.

2. **Impulse Control** This can be calling out, distracting others, aggression /fighting, rushing through activities without checking or inconsistency with following rules.

### How to Improve Impulse Control

- Redirection - telling them ‘what to do’ not ‘not what to do’ i.e. ‘Put your hand up’ rather than ‘No Calling out’
- Social Scripts that explain how to put up hand, rules for playground and group work
- Pre-warn about rules and expectations in specific situations : use visuals where possible

3. **Planning and Prioritising** This is where they have difficulty deciding the steps needed to reach a goal order of importance. As a result they may get no work done, be easily distracted, avoid tasks and may be easily overwhelmed. They may also have trouble seeing the main idea and easily go off topic

## How to Improve Planning & Prioritising

- Visual Planning Supports such as: Mindmaps, Rubrics,
- Support Staff spending individual time with the student to help break down tasks down, prioritise and plan
- Using Calendars, diaries (make sure have set times to write in and check)
- Break Tasks into set up small achievable steps, tick off each step when completed

4. **Organising** This includes ability to keep track of information and things.

## How to improve organisation

- Systems in place for organisation i.e. own hook in bag area away from busy areas
- Minimising equipment and books i.e. one book/folder or limiting the size of pencil case and its contents
- Take Photos of how desk/locker/bag should look so remind them where things go
- Help write down plans and thoughts and organise logically.

5. **Task Initiation** This often looks like a student sitting doing nothing, being oppositional 'I am not doing it' or procrastinating (need toilet etc.). When in actual fact they are often just so overwhelmed they don't know how to start.

## How to Improve Task Initiation

- Give a Partner to work with, who can model what to do
- Limit and write down instructions where possible
- Simplify worksheets
- Traffic Light Strategy

6. **Flexibility** They often don't like to change or stop in the middle of an activity. They don't see other options or solutions and often don't understand what is being asked of them. This can result in arguing, getting frustrated /angry and meltdowns. Often they take things literally.

## How to improve flexibility

- Timers to pre-warn when to finish.
- Routines/Schedules ? Understand their need to know what is happening when.
- Pre-warn about changes (people and events) Explain changing and AT replacement i.e. Mum is picking you up today as grandma is at the doctor
- Use Social Scripts that give clear descriptions of what is going to change/new and what I need to do.

7. **Working Memory** This is the inability to hold information in their mind and use it to complete a task. Struggle with multi-step tasks, remembering directions, taking notes or understanding something you've just explained to them.

## How to Improve Working Memory

- Visuals -The more visuals the better

- Model - SHOW what you want, don't Tell
- Co-actively do activities: learn best BY DOING and being involved in learning ie hand over hand for handwriting.
- Slow it down, Break it Down (instructions etc)
- Get them to repeat in own words instructions/ direction"



## Crunch&Sip

Crunch&Sip is a good opportunity for children to stay hydrated as they lose fluid when being active, especially over the summer months. Over the warmer months, a cold drink bottle filled with water is ideal for hydration but also keeps lunchbox food items cool.

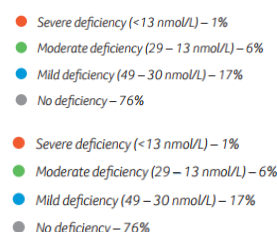
## Hats

As we are now in Term 4 the weather is starting to heat up. Could you please ensure your children are attending school with sunscreen applied and a school hat to wear for all outdoor activities? Thank you

At least 2 in 3 Australians (67%) will be diagnosed with skin cancer by the age of 70.



By comparison, the number of Australians with severe to moderate vitamin D deficiency is 7 in 100.



So what do these graphs mean? Since our UV levels are amongst the highest in the world, it is unlikely that children who spend some time outside each day will be vitamin D deficient. Wearing sensible sun protection has been shown to have little effect on vitamin D levels whereas the risk of skin cancer in Australia is proven. Tens of thousands of Australians exhibit the obvious symptoms of sun induced skin damage.



**Positive Behaviour for Learning**

## Week 1



## Week 2



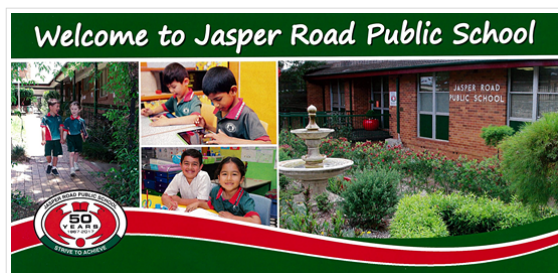
## Week 3



## Swim Scheme

Over Weeks 4 and 5 our Year 2 students will attend daily swimming lessons at Coulter Swimming, Northmead Sports Centre, Northmead as part of the annual Special Swimming Scheme. Learning to swim can quite literally save your life so we are very reassured to have so many students involved. With more than 270 people drowning in Australia each year, it's an important opportunity for students to build on their swimming skills. We encourage parents to ensure their child attends each session throughout the 2 week program. Please ensure that your child brings his/her swimmers, towel etc to school every day over the course of the fortnight-long program. Thank you to Mrs Dunn and Mr Bath for the massive amount of work they've directed towards the Special Swimming Scheme and good luck to all students participating.

## 2019 Kindergarten Enrolments



We are taking enrolments for Kindergarten 2019, if you have a child or know of anyone living in the JRPS catchment area whose child turns 5 by July 31 2019 please come to the office to collect an Application to Enrol Form or download from our website:

<https://jasperroad-p.schools.nsw.gov.au/about-our-school/enrolment.html>

The following documents will be required when submitting your application.

- your child's birth certificate or identity documents
- proof of student's address – originals of different documents such as your council rates notice or residential lease and electricity bill
- Immunisation history statement based on the Australian Childhood Immunisation Register (ACIR)
- family law or other relevant court orders (if applicable).

If your child is not a permanent resident you will also need to provide:

- passport or travel documents
- current visa and previous visas (if applicable).

We are happy to help with any questions you have about your enrolment, please call the school office between the hours of 9:30am – 2pm, Monday to Friday.

Enrolling your child in Term 3 assists the school to plan Kindergarten numbers for next year as well as informing you of our Orientation Program. If parents/carers believe their child will need additional support to successfully transition to Kindergarten please contact Mrs Vanessa Rogers, Deputy Principal, to organise an enrolment interview.

## Environmental Education

Thank you to the Arbors and their families who attended holiday care. We appreciate your time and efforts. The seedlings are growing and we are beginning to harvest produce.

StreamWatch is a program where students learn how to test water quality. Arbors test the water at Quarry Creek, which is the creek that runs behind Tori Burn Reserve. While there, we discuss human impact and urban sprawl on the catchment. Unfortunately, we have had to postpone our StreamWatch outing planned for Thursday 18 October due to wastewater overflow at Quarry Creek. We will endeavour to undertake this water testing later in the year.

Last year, Jasper Road staff and students participated in National Recycling Week. Students used recyclable products to make various things. We then gathered these and placed them in the word recycle. I was pleasantly surprised when our photo, (pictured below) was used to advertise the 2018 event. Well done Jasper Road!



Think GREEN because together we CAN make a difference.

**Mrs Jennifer Franks**

## Band News

Welcome back to all things band in Term 4!

We are looking forward to fabulous events this term such as performing for the Year 2 students and meeting our potential new musicians for 2019 at the Parent Information Session and Come 'n' Try Night. We're also bringing together RED and GREEN Beginner bands for a huge combined rehearsal! When we add to that the exhilaration of our performances at Soiree, auditions for next year Performing Band Members, competing at the Hornsby North Band Festival AND a Band Committee AGM... I don't know how we'll cope with the excitement! Keep your eyes peeled for band notes coming home with information regarding these events, as well as arrangements for renewing band membership into 2019.

### Dates to Remember

- **Parent Information Session for 2019 Beginner Band**  
Monday October 22, 2018 in the school library.  
(Please note this is a parents only session and no supervision is available for students)
- **Come-and-Try Night for potential 2019 band students**  
Monday October 29, 2018 in the school library. This is the opportunity for students to try out a variety of instruments with a view to playing in band next year.
- **Hornsby North Band Festival** - Concert band  
Sunday 4 November, Hornsby North Public School.  
Transport to be provided by parents, details have been forwarded to our Concert band families.
- **Soiree**  
Sunday 2nd December, 3pm at the school hall. All bands will perform for family and friends in a fabulous exhibition of the performing arts at Jasper Road Public School followed by light refreshments.
- **Band Committee AGM**  
In the cottage at 7.15pm on Monday December 8, 2018. Want to be part of a dynamic team of

dedicated parents who keep the beat (metaphorically) for the band? Come along to the AGM and throw your hat in the ring....

## Sports News

### Sporting Superstars

Congratulations to Blake N who has been selected in the Sydney West Boys Cricket team.



He will next week travel to Barooga next week, to compete at the NSWPSA Carnival.

Good luck Blake.

### Reminders

PSSA returns to morning sessions with students leaving school at 9am and returning in time for recess.

### PSSA Summer Draw

Round 9 – Friday 19 October 2018		
Cricket	North Rocks	Eric Mobbs, Ferguson Ave, Castle Hill
Basketball	Excelsior	Fred Caterson, Caterson Drive Castle Hill
Touch football	Winston Heights	Ted Horwood, Renown Rd, Baulkham Hills
Softball / T Ball	BYE	BYE
Round 10 – Friday 26 October 2018		
Cricket	Winston Hills	Masonic Oval
Basketball	Castle Hill	Fred Caterson, Caterson Drive Castle Hill
Touch football	Excelsior	Ted Horwood, Renown Rd, Baulkham Hills
Softball / T Ball	Winston Heights	Gooden Reserve, Gooden Drive Baulkham Hills

**Renae Neagle and Tom Gosper**  
**PSSA Coordinator**

## Debating at Jasper Road

Students who have been involved in the Debating Program at Jasper Road PS have enjoyed outstanding success over many years. Stage 3 students who are interested in trying out for the Debating Teams attend the Western Sydney Debating Camp at Katoomba in March each year. Trials for two debating teams take place in Term 1 and 10 students are selected from a total of 25-30 who try out each year.

Two teams of 5 students each then participate in the Year 5 and 6 division of the Premier's Debating Challenge, a

comprehensive state-wide competition involving hundreds of teams and thousands of students in both primary and high schools. Western Sydney Region alone is comprised each year of between 85-100 teams. In each debate, the students select their topic and their affirmative / negative status in relation to the topic and receive only one hour of unassisted preparation time with no adult input regarding their ideas and arguments.

The Jasper Road Articulators team has progressed through four round debates, a Quarter Final and a Semi-Final debate to win the Western Sydney Final on five separate occasions, in 2008, 2009, 2013, 2014 and 2016. Each time that the team has won the Western Sydney Regional Final they have attended the Premier's Debating State Championships at Stanwell Tops Conference Centre in November, competing against the winning schools from the state's other nine regions. **Jasper Road Public School has won their regional debating final (Western Sydney Region) a greater number of times than any other individual school in NSW has won their regional final and then moved on to the Premiers Debating State Championships to represent their region.**

The 2018 Jasper Road PS Articulators Debating Team will participate in a semi-final debate early in Term 4 and will hopefully move on to win a 6th Western Sydney Final!

**Paul Marshall**

**Jasper Road PS Debating Coach**

## School Events / Updates

### Chess Tournament

On the 30 August, Jasper Roads Chess Semi-finalists, Jay, Rico, Janavika, Richard and Kevin went to Baulkham Hills North to play in their first Chess Semi-finals.

When we arrived at the school we felt proud, excited and nervous. There were 7 rounds and we came 11 out of 18 Primary schools. We all played really well and got 14 points. Kevin did the best in our school and came 8th out of 96 competitors.



### Sydney Kings

The Sydney Kings have teamed up with select schools to become 'Game Changers'. Throughout the season they will be offering Jasper Rd families, discount tickets to select games. Using the password supplied, families can access \$15 Silver Tickets via Ticketek.com.au. Get along and support our state basketball team!



## All Things P&C



Many hands help our school grow

### Comedy Night – Saturday 20 October

Last chance to buy tickets for our Comedy Fundraiser at the Hills Club tomorrow night. It's sure to be a hilarious night so ask your friends to come along and make a night of it.

<http://comedyforacause.net/JRPS>



In support of:

**Jasper Road Public School**



**Gary Eck**

- Edinburgh, Melbourne and Sydney Comedy Festivals.
- Rove, The Footy Show, Spicks & Specks
- Tropfest Winner, Aria Nominee, Writer of Happy Feet Two

*"Spellbinding charm, sharp-witted lines coupled with an out-of-the world sense of humour" - Time Out*  
*"Totally original and clever...funny till it hurt" - Daily Telegraph*



**Rebecca De Unamuno**

- Edinburgh, Sydney & Melbourne International Comedy Festivals
- The first woman in the history to be named Player of the Tournament at the 2001 Just For Laughs (Montreal, Canada) Improv World Cup.
- The Glass House, Kath & Kim, Talkin' 'Bout Your Generation.
- Thank God It's Friday (702 ABC Sydney), Triple M Breakfast

*"Rebecca De Unamuno is possibly the smartest, sharpest, most versatile performer I have ever known." - Jason Alexander (Seinfeld star).*



**Mat Wakefield**

- Sydney Comedy Festival - Sold Out
- Sydney Fringe Festival - Sold Out

*"one of the rising stars of Australian Comedy" - The Laugh Garage*  
*"a genuine alternative way of thinking, reminiscent of comedy legend Doug Stanhope..." (Weekend Notes)*



**Andrew Paskin**

- Sydney Comedy Festival 2018
- Sydney Fringe Festival (Sold Out)
- Writer for Comedy Central Roasts of Justin Bieber & Bruce Willis

*"An absurd fusion of old school jocularity and modern day wisecracking witticisms." - Mick Meredith*

**Saturday 20 October 2018**  
 Doors: 7pm / Show: 8pm  
 The Hills Club  
 6-18 Jenner St, Baulkham Hills

**BOOK NOW!**

Adults: \$35 at [comedyforacause.net/JRPS](http://comedyforacause.net/JRPS)  
 (18+ Only)

All welcome, please advise of any nominations to join the committee to [pandcatjasperroad@hotmail.com](mailto:pandcatjasperroad@hotmail.com).

Please note our financial year end has changed from November to September

## Evelyn Hall Secretary


## Past Events

The last 2 weeks of Term 3 were very busy with our last disco of the year and our first ever Colour Explosion. Both were a great success and we had many many helpers that we would like to thank personally in our next newsletter.

For now I would like to collectively thank our volunteers for all your hard work and to let you know how much we appreciate you taking the time out of your busy schedules to help the students receive such an amazing experience at these events - without your help the days are simply not possible.

## Idea Poster

**DO YOU HAVE A GREAT SCHOOL FUNDRAISING IDEA?**



The P&C Fundraising Committee are currently looking at setting next years fundraising calendar, so it's the perfect time to send in those ideas.

We will also review proposals that came through this year but missed the cut off date.

**All ideas welcome, if you can't make a meeting please send your idea to: [jaffatjasperroad@hotmail.com](mailto:jaffatjasperroad@hotmail.com)**

## 5c Challenge



**5c Challenge**

**is back in 2018**

**First 2wks of Term 4**

Collection Days:

Wk1 - Tues 16 & Thurs Oct 18

Wk2 - Tues 23 & Thurs Oct 25



We are now halfway through the challenge and it's a close race for top spot in both infants and primary. The winning class in each section will win a pizza and popper party so don't forget to bring in your money next Tuesday and Thursday to improve your classes chance of winning. For updates on class positions check out our Facebook page - Jasper Road P&C Fundraising committee.

## Notice of P&C AGM

The P&C AGM will be held on Monday 12 November at 7pm, prior to the regular week 5 P&C Meeting.

## Everyday Hero

Jasper Road Public School are now officially registered.

Do you have an upcoming event or fun run? If so, why not also support the school at the same time. You can do this via online donations using Australia's favourite fundraising platform Everyday Hero.

Simply go to the Everyday Hero website to create your fundraising page and choose Jasper Road Public School P&C Association as your charity.

This is a great opportunity to help raise funds for the school. Any donation would be appreciated by the school community to better our children's schooling experience.

## Entertainment Book Orders:

Every purchase contributes 20% back to the school for fundraising. Visit the link below to securely pay online and pick up your 'hard copy' at school or download to your smartphone.

<http://www.entbook.com.au/2151c99>

## Next P&C Meeting

Our next meeting is on Monday 22 October at 7pm in the Staffroom and we welcome all parents. If you cannot make alternative arrangements for your children, they are welcome.

## Next Fundraising Meeting

Our next Fundraising meeting is on Wednesday 24 October in the Cottage at 9:15am and we welcome all parents. Children are also welcome.

## Contact the P&C Committees

P&C Committee: [pandcatjasperroad@hotmail.com](mailto:pandcatjasperroad@hotmail.com)

Fundraising Committee: [jaffatjasperroad@hotmail.com](mailto:jaffatjasperroad@hotmail.com)

If you're able to help out at any of the events during the year (disco, mothers/father's day stalls, BBQ's etc) please send us an email and we'll add you to our volunteer list!

We advertise upcoming events in the fortnightly newsletter and also on our Facebook Page so please add us if you haven't already!



## Community Notices