



**Kindergarten 2022**

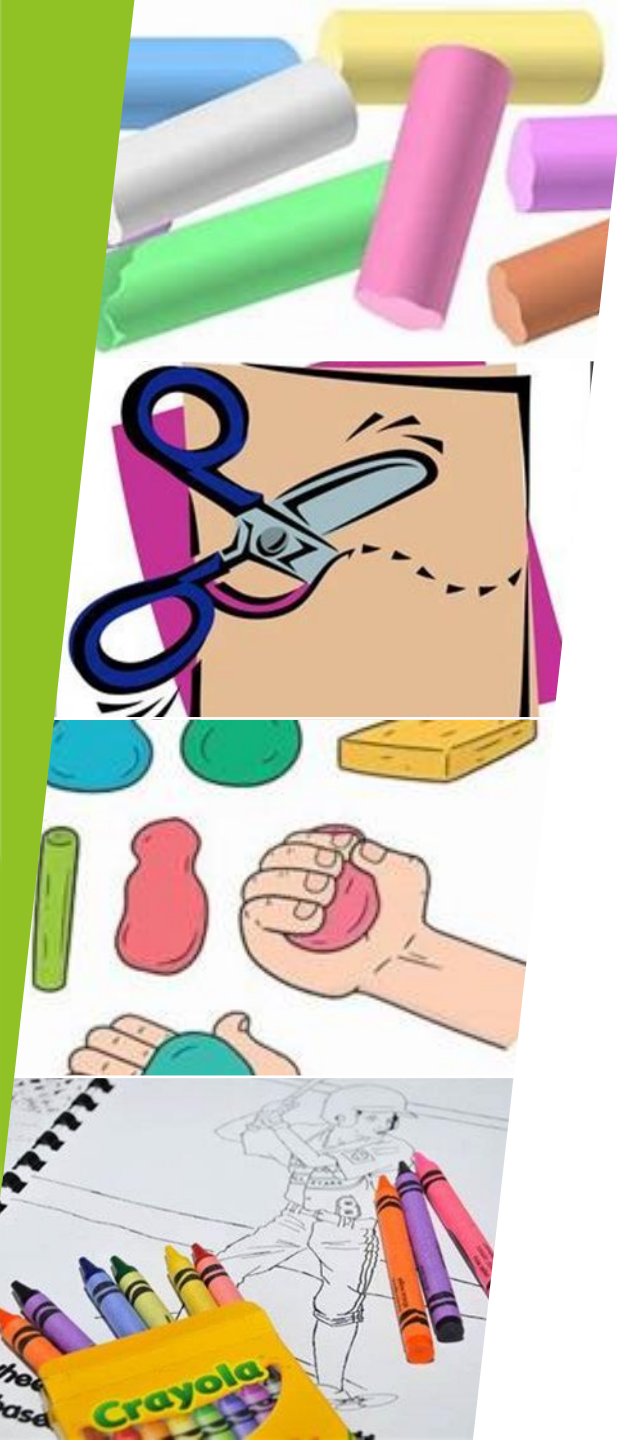
# PREPARING FOR DAY 1 & BEYOND!

Hints and tips to support your child's transition to school.



# What skills will make my child's transition easier?

- ▶ \* Colouring in
- ▶ \* Painting
- ▶ \* Chalkboard play
- ▶ \* Whiteboard play
- ▶ \* Cutting with scissors
- ▶ \* Recognising and writing their own name
- ▶ \* Fine motor skills eg lego, puzzles, threading



# Independence in dressing, toileting and caring for belongings;

## Laces & Shoes



## Dressing & Uniform



## Hygiene & Toileting



**Label EVERYTHING!**



## Eating independently

- ▶ Fruit Break/Crunch and Sip, Recess and Lunch packed separately
- ▶ Can open containers by themselves and inform your child what food they have today
- ▶ Help your child to practise eating within a set period of time (10minutes). Do not pack too much.
- ▶ Label everything! (drink bottles, containers and clothes)

# Wellbeing

- ▶ Speak positively about school
- ▶ Be realistic
- ▶ Read books about starting school and share stories about your own experiences at primary school.

